





We all need someone in our corner to handle those stressful health situations that seem to take forever to resolve, such as finding care for an aging parent, locating a specialist, finding

a doctor to provide a second opinion or pursuing a denied claim. A personal health advocate fills this need by giving members peace



of mind and reducing the time and aggravation typically associated with navigating the health care and insurance systems. Health Advocate,™ the nation's leading health care advocacy and assistance company, serves millions of Americans nationwide and can provide this valuable service to all of your employees.

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## Why Health Advocate?

Benefits for Employers: Health Advocate can trim costs and improve your company's benefits package by:

- Reduces plan costs by eliminating the unnecessary shuffling between multiple providers and duplicate medical testing
- → Eases time constraints and workload issues for HR staff by providing another resource for employees
- → Cuts through red tape and effectively resolves employees' problems
- Demonstrates the firm's commitment to employees' mental and physical wellbeing, satisfaction and morale
- Follows industry protocols and respects an employee's confidentiality

**Benefits for Employees:** Health Advocate can improve their lives by:

- ✓ Enabling them to be more productive and focused on their day-to-day work responsibilities by easing some of the challenges of work-life balance
- ✔ Providing resources for employees and family members, including spouses, dependent children, parents and even parents-in-law
- Helping employees and their families solve problems quickly, avoiding the common hangups of the health care system
- ✔ Providing 24/7 assistance via a toll free number and retaining an employee's original Personal Health Advocate for future assistance